A Comparative Study to Evaluate the Effectiveness of Range of Motion Exercise versus Thermotherapy on Quality of Life among Osteoarthritis Clients in a Selected Primary Health Center at Trichy District

A SYNOPSIS

SUBMITTED BY

P. KALPANA

(Registration No. 4419011)

In partial fulfillment of the requirements for the degree of

DOCTOR OF PHILOSOPHY

IN

COMMUNITY HEALTH NURSING

FACULTY OF NURSING

MEENAKSHI ACADEMY OF HIGHER EDUCATION AND RESEARCH

(DEEMED TO BE UNIVERSITY)

CHENNAI – 600 078

SEPTEMBER 2024